



_yoga_vida_celine



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www.yoga-vida-celine.com

EDUCATION

- Dipl. Personal Trainer 2001 Zuerich, Switzerland
- Medical School Basel Switzerland 2005 - 2009
- 200hr YTTC Multistyle, Samma Karuna, Thailand, Koh Phangan 2015
- 100hr YTTC Yin Yoga, Helga Baumgartner, Volta Yoga Basel, 2018
- 300hr YTTC Vinyasa and Alingment, Kranti Yoga, Goa India 2019
- 50 hour Hatha Tantra ttc, the practice, Bali 2019
- 300hr Ayurveda Healing course, David Frawley
- Yoga for Women, Emma Salvado 2021
- Yoga Sutra & Meditation Master Training, Octavio Salvado 2021
- 200hr YTTC ALCHEMY Yoga, Bali 2023

PROFESSIONAL SUMMARY

I am a dedicated and highly experienced yoga practitioner and 950-hour certified yoga teacher with over two decades of comprehensive knowledge in yoga philosophy, asanas, pranayama, and meditation.

I enjoy to build effective relationships with students of all background and skill levels. To support to embody the practice on and off the mat is what I am here for.

I am very determined to live and love the yogic life. I am energetic and outgoing with collaborative spirit who loves to share space and energy.

My classes are a style of an embodied vinyasa flow, strong but soft with a deep emphasis on bringing awareness to the students breath. I lean the last past years more and more into the philosophy of shaivism hatha tantra and I weave that knowledge also into my classes.

WORK EXPERIENCE

Salty Prana Retreat Center, Uluwatu

OPENING APRIL 2024 for hosting Trainings and Retreats

• Business Owner

Alchemy Yoga and Mediation Center

APRIL 2022 - MAY 2023

• Head Teacher and co Manager

Studio Owner of "the Space" in Bali, Uluwatu

APRIL 2022 - MAY 2023

Radiantly Alive Studio, Ubud, Bali

APRII 2022 - NOW

• Senior Teacher

East West Yoga, Ubud Bali

MARCH 2022 - NOW

• Lead Teacher in 200hr VInyasa ttcs

SKILLS

- Encouraging Yoga Teacher
- passionated about Yoga and teaching all the Apsects of it
- Adaptable professional
- Intuitive Team player
- Fast learner
- Compassionate
- Life-long learner
- work well with all experience levels
- Expertise in yoga philosophy, asanas, pranayama, meditation, and mindfulness techniques.
- In-depth knowledge of human anatomy and alignment principles
- Dedication to continued learning and selfimprovement in the field of yoga.

LANGUAGE

- German: Mother tongue
- Swissgerman: Mother tongue
- English: very good, fluent
- French: basicsspanish: basics

Foundation of SALTY PRANA Business with my Partner Ben

MAY 2021 - NOW

• leading 200hr Yoga TTC, 50hr Yin ttc and 300hr Yoga TTC

Wave Yoga Living, NSW, Australia

MAY 2021 - FEBRUARY 2022

Head Teacher

Rosslyn Bay Resort, QLD, Australia

SEPTEMBER 2020 - MAY 2021

• Yoga Retreat Manager

Foundation of my own Yoga Business, YACEP Yoga Vida Celine

April 2020 -NOW

- 100hr online Yin Yoga teacher trainings
- 25hr CED Trainings
- online Yoga Classes, Immersions and Workshops

Yoga Union Yogaschool, Teacher Trainings, Bali

NOVEMER 2019 - MARCH 2022

• Lead Teacher in 200hr VInyasa ttc and 50hr Yin Yoga ttc

Stay Golden-Surfhotel, Sri Lanka

JULI 2019- SEPTEMBER 2019

• teaching Yoga Sessions for Surfers

Orion Healing Center, Koh Phangan

JULI 2018- SEPTEMBER 2019

• Lead Teacher in 200hr Hatha YTTC

Hari Har Trik Ashram, Maheshwar India

FEBRUARY 2018 - JUNE 2018, FEB 2019, MARCH 2022

 studying with Mohanlal Gupta Shaivism and serving as a Karma Yogi in the Ashram

Eart and Yoga Village- Yogaschool, Goa India

APRIL 2017 - JANUARY 2018

• Lead Teacher in 200hr VInyasa ttc

VOLTA YOGA - Yoga Studio, Switzerland

JANUAR 2014- DECEMBER 2017

teaching regular drop in classes and workshops

MINT - Yoga Studio, Switzerland

AUGUST 2013- DECEMBER 2017

• teaching regular drop in classes and workshops

Dontaion based Yoga Classes, Switzerland

August 2013- December 2017

• teaching Yoga in the Park and in community halls just after the 200hrs